## General Lap Pool Schedule

## June 11- Aug 21, 2018

| Monday and Friday  |                                |  |
|--------------------|--------------------------------|--|
| 5:00am - 6:00am    | Lap Swim ( 6 lanes)            |  |
|                    |                                |  |
| 6:00am - 7:30am    | Adult Swim Class (4 lanes)     |  |
|                    | Lap Swim (2 lanes)             |  |
| 7:30am - 9:00am    | Lap Swim (6 lanes)             |  |
| , locally stocally |                                |  |
| 9:00am - 10:00am   | Water Aerobics (deep + 1 lane) |  |
|                    | Lap Swim (5 lanes)             |  |
| 10.00 10.00        |                                |  |
| 10:00am - 12:00pm  | Lap Swim (4-5 lanes)           |  |
|                    | Swim Lessons (1 -2 lanes)      |  |
| 12:00pm - 3:00pm   | Lap Swim (4-5 lanes)           |  |
|                    | Family Swim (1 -2 lanes)       |  |
|                    |                                |  |
| 3:00pm - 4:00pm    | Swim Lessons (1 lane)          |  |
|                    | Lap Swim (3-4 lanes)           |  |
|                    | Family Swim (1 -2 lanes)       |  |
| 4:00pm - 7:00pm    | Swim Team/Lessons (4 lanes)    |  |
|                    | Lap Swim (2 lanes)             |  |
|                    |                                |  |
| 7:00pm - 10:00pm   | Lap Swim (4-6 lanes)           |  |
|                    | Family Swim (0-2 lanes)        |  |

| We                | dnesday  |
|-------------------|--|
| 5:00am - 6:00am   | Lap Swim ( 6 lanes)                              |
|                   |  |
| 6:00am - 7:30am   | Adult Swim Team (4 lanes)                        |
|                   | Lap Swim (2 lanes)                               |
| 7 20 0 00         |  |
| 7:30am - 9:00am   | Lap Swim (6 lanes)                               |
| 9:00am - 10:00am  | Water Aerobics (deep + 1 lane)                   |
| 5.00am - 10.00am  | Lap Swim (3-4 lanes)                             |
|                   |  |
| 10:00am - 12:00pm | Lap Swim (4-5 lanes)                             |
|                   | Swim Lessons (1 -2 lanes)                        |
|                   |  |
| 12:00pm - 3:00pm  | Lap Swim (4-5 lanes)                             |
|                   | Family Swim (1 -2 lanes)                         |
| 2.00              |  |
| 3:00pm - 4:00pm   | Swim Lessons (1 lane)                            |
|                   | Lap Swim (3-4 lanes)<br>Family Swim (1 -2 lanes) |
|                   | Faining Swith (1 -2 lanes)                       |
| 4:00pm - 7:00pm   | Swim Team/Lessons (4 lanes)                      |
|                   | Lap Swim (2 lanes)                               |
|                   |  |
| 7:00pm - 8:00pm   | Lifeguard In-Service Training                    |
|                   | Lap Swim (4-5 lanes)                             |
|                   |  |
| 8:00pm - 10:00pm  | Lap Swim (4-6 lanes)                             |
|                   | Family Swim (0-2 lanes)                          |



| 5:00am - 6:00amLap Swim ( 6 lanes)6:00am - 7:30amSwim Team (4 lanes)<br>Lap Swim (2 lanes)7:15am - 12:00pmLap Swim (6 lanes)12:00pm - 3:00pmLap Swim (4-5 lanes)<br>Family Swim (1 -2 lanes)3:00pm - 4:00pmSwim Lessons (1 lane)<br>Lap Swim (3-4 lanes)<br>Family Swim (1 -2 lanes)4:00pm - 7:00pmSwim Team (4 lanes)<br>Lap Swim (2 lanes)7:00pm - 10:00pmLap Swim (4-6 lanes)<br>Family Swim (0-2 lanes) | Tuesday and Thursday |                          |  |
|---|----------------------|--------------------------|--|
| Lap Swim (2 lanes)7:15am - 12:00pmLap Swim (6 lanes)12:00pm - 3:00pmLap Swim (4-5 lanes)<br>Family Swim (1 -2 lanes)3:00pm - 4:00pmSwim Lessons (1 lane)<br>Lap Swim (3-4 lanes)<br>Family Swim (1 -2 lanes)4:00pm - 7:00pmSwim Team (4 lanes)<br>Lap Swim (2 lanes)7:00pm - 10:00pmLap Swim (4-6 lanes)  | 5:00am - 6:00am      | Lap Swim ( 6 lanes)      |  |
| Lap Swim (2 lanes)7:15am - 12:00pmLap Swim (6 lanes)12:00pm - 3:00pmLap Swim (4-5 lanes)<br>Family Swim (1 -2 lanes)3:00pm - 4:00pmSwim Lessons (1 lane)<br>Lap Swim (3-4 lanes)<br>Family Swim (1 -2 lanes)4:00pm - 7:00pmSwim Team (4 lanes)<br>Lap Swim (2 lanes)7:00pm - 10:00pmLap Swim (4-6 lanes)  |                      |                          |  |
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| 12:00pm - 3:00pmLap Swim (4-5 lanes)<br>Family Swim (1 -2 lanes)3:00pm - 4:00pmSwim Lessons (1 lane)<br>Lap Swim (3-4 lanes)<br>Family Swim (1 -2 lanes)4:00pm - 7:00pmSwim Team (4 lanes)<br>Lap Swim (2 lanes)7:00pm - 10:00pmLap Swim (4-6 lanes)  |                      | Lap Swim (2 lanes)       |  |
| 12:00pm - 3:00pmLap Swim (4-5 lanes)<br>Family Swim (1 -2 lanes)3:00pm - 4:00pmSwim Lessons (1 lane)<br>Lap Swim (3-4 lanes)<br>Family Swim (1 -2 lanes)4:00pm - 7:00pmSwim Team (4 lanes)<br>Lap Swim (2 lanes)7:00pm - 10:00pmLap Swim (4-6 lanes)  |                      |                          |  |
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| Lap Swim (3-4 lanes)<br>Family Swim (1 -2 lanes)4:00pm - 7:00pmSwim Team (4 lanes)<br>Lap Swim (2 lanes)7:00pm - 10:00pmLap Swim (4-6 lanes)  |                      |                          |  |
| Family Swim (1 -2 lanes)4:00pm - 7:00pmSwim Team (4 lanes)<br>Lap Swim (2 lanes)7:00pm - 10:00pmLap Swim (4-6 lanes)  | 3:00pm - 4:00pm      | · · · · · · ·            |  |
| 4:00pm - 7:00pm Swim Team (4 lanes)<br>Lap Swim (2 lanes)<br>7:00pm - 10:00pm Lap Swim (4-6 lanes)  |                      | Lap Swim (3-4 lanes)     |  |
| Lap Swim (2 lanes)<br>7:00pm - 10:00pm Lap Swim (4-6 lanes)   |                      | Family Swim (1 -2 lanes) |  |
| Lap Swim (2 lanes)<br>7:00pm - 10:00pm Lap Swim (4-6 lanes)   |                      |                          |  |
| 7:00pm - 10:00pm Lap Swim (4-6 lanes)   | 4:00pm - 7:00pm      | Swim Team (4 lanes)      |  |
|   |                      | Lap Swim (2 lanes)       |  |
|   |                      |                          |  |
| Family Swim (0-2 lanes)   | 7:00pm - 10:00pm     | Lap Swim (4-6 lanes)     |  |
|   |                      | Family Swim (0-2 lanes)  |  |

| <u>Saturday</u>   |                       |
|-------------------|-----------------------|
| 7:00am - 12:00pm  | Lap Swim (6 lanes)    |
|                   |                       |
| 12:00pm - 10:00pm | Free swim (2-3 lanes) |
|                   | Lap Swim (3-4 lanes)  |

| Sunday            |                                |
|-------------------|--------------------------------|
| 7:00am - 10:00am  | Lap Swim (6 lanes)             |
|                   |                                |
| 9:00am - 10:00am  | Water Aerobics (deep + 1 lane) |
|                   | Lap Swim (5 lanes)             |
|                   |                                |
| 10:00am - 12:00pm | Lap Swim (6 lanes)             |
|                   |                                |
| 12:00pm - 10:00pm | Free swim (2-3 lanes)          |
|                   | Lap Swim (3-4 lanes)           |

\*\*\* Please note that private swim lessons may use one lap lane during lap swim time.

\*\*\* During swim lesson time the classes may also take place in the recreation pool.