



JUNIOR & TEEN TENNIS CLINICS 2023

THE LITTLE STARS

THE LITTLE STARS JUNIOR CLINIC IS A BEGINNER LEVEL PROGRAM FOR THE 7 & UNDER AGE GROUP (PLAYERS UNDER 6 YO MUST BE EVALUATED BEFORE REGISTRATION). OUR GOAL IS TO INTRODUCE THE GAME OF TENNIS TO OUR LITTLE STARS IN A FUN ENVIRONMENT WHILE LEARNING TENNIS BASICS. ORANGE BALL. MAX OF 6 KIDS PER CLASS.



THE RISING STARS

THE RISING STARS JUNIOR TENNIS CLINIC IS FOR THE 8-11 AGE GROUP. PLAYERS WILL BUILD UPON THEIR TENNIS SKILLS WHILE BEING INTRODUCED TO STRATEGIC PLAY AND HOW TO KEEP SCORE IN A MATCH. GREEN BALL IS THE LAST LEVEL BEFORE THE CLASSIC YELLOW BALL. MAX OF 6 KIDS PER CLASS.



THE SUPERNOVAS

THE SUPERNOVAS JUNIOR/TEEN TENNIS CLINIC IS FOR THE 12-17 AGE GROUP. THIS IS A CLINIC WHERE PLAYERS DIVE INTO SINGLES AND DOUBLES STRATEGY AND HONING THEIR GROUNDSTROKES, NET GAME, AND SERVE. THIS PROGRAM WILL SERVE AS A SPRINGBOARD FOR PLAYERS TO GO ONTO PLAY ON THEIR HIGH SCHOOL TENNIS TEAMS AND IN USTA TOURNAMENTS. MAX OF 6 KIDS PER CLASS.



THE ADVANCED TEEN

THE ADVANCED TEEN TENNIS CLINIC IS FOR COMPETITIVE PLAYERS IN THE 13-17 AGE GROUP WHO ARE LOOKING TO ELEVATE THEIR GAME. PLAYERS WILL LEARN SINGLES AND DOUBLES STRATEGY AND WITH A GUIDED-LIVE-PLAY APPROACH WHILE SPENDING TIME TO DEVELOP THEIR SERVE TOO. THIS PROGRAM WILL SERVE AS A RESOURCE TO OFF-SEASON HIGH SCHOOL PLAYERS AND A SPRINGBOARD FOR THOSE TRYING-OUT FOR VARSITY TENNIS TEAMS. MAX OF 4 PLAYERS PER CLASS.



CLINIC SESSION OFFERINGS

THE LITTLE STARS

WEEKEND

DAY/TIME: SUNDAYS @ 12-1PM

LOCATION: DIABLO TENNIS COURT AT THE HILLS

JANUARY DATES: 1/15 & 1/22

FEBRUARY DATES: 1/29, 2/5, 2/12 & 2/19

MARCH DATES: 3/5, 3/12, 3/19 & 3/26

APRIL DATES: 4/2, 4/9, 4/16, 4/23

WEEKDAY

DAY/TIME: WEDNESDAYS @ 4:30-6PM

LOCATION: DIABLO TENNIS COURT AT THE HILLS

JANUARY DATES: 1/18 & 1/25

FEBRUARY DATES: 2/1, 2/8, 2/15 & 2/22

MARCH DATES: 3/8, 3/15, 3/22 & 3/29

APRIL DATES: 4/5, 4/12, 4/19, & 4/26



THE RISING STARS

WEEKEND

DAY/TIME: SUNDAYS @ 1:15-2:45PM

LOCATION: DIABLO TENNIS COURT AT THE HILLS

JANUARY DATES: 1/15 & 1/22

FEBRUARY DATES: 1/29, 2/5, 2/12 & 2/19

MARCH DATES: 3/5, 3/12, 3/19 & 3/26

APRIL DATES: 4/2, 4/9, 4/16, 4/23

WEEKDAY

DAY/TIME: TUESDAYS @ 4:30-6PM

LOCATION: DIABLO TENNIS COURT AT THE HILLS

JANUARY DATES: 1/17 & 1/24

FEBRUARY DATES: 1/31, 2/7, 2/14 & 2/21

MARCH DATES: 3/7, 3/14, 3/21 & 3/28

APRIL DATES: 4/4, 4/11, 4/18, & 4/25



CLINIC SESSION OFFERINGS CONTINUED

THE SUPERNOVAS

WEEKEND

DAY/TIME: SUNDAYS @ 3-4:30PM

LOCATION: DIABLO TENNIS COURT AT THE HILLS

JANUARY DATES: 1/15 & 1/22

FEBRUARY DATES: 1/29, 2/5, 2/12 & 2/19

MARCH DATES: 3/5, 3/12, 3/19 & 3/26

APRIL DATES: 4/2, 4/9, 4/16, 4/23

WEEKDAY

DAY/TIME: THURSDAYS @ 4:30-6PM

LOCATION: DIABLO TENNIS COURT AT THE HILLS

JANUARY DATES: 1/19 & 1/26

FEBRUARY DATES: 2/2, 2/9, 2/16 & 2/23

MARCH DATES: 3/9, 3/16, 3/23 & 3/30

APRIL DATES: 4/6, 4/13, 4/20, & 4/27



THE ADVANCED TEEN

WEEKDAY

DAY/TIME: MONDAYS @ 4:30-6PM

LOCATION: DIABLO TENNIS COURT AT THE HILLS

JANUARY DATES: 1/16 & 1/23

FEBRUARY DATES: 1/30, 2/6, 2/13 & 2/20

MARCH DATES: 3/6, 3/13, 3/20 & 3/27

APRIL DATES: 4/3, 4/10, 4/17, & 4/24

**IT IS RECOMMENDED TO PARTICIPATE IN THIS PROGRAM IN CONGRUENCE WITH AT LEAST 1 SUPERNOVAS CLASS PER WEEK. THIS COMBO WILL GIVE YOU ONE DAY OF TECHNIQUE INSTRUCTION AND ONE DAY OF STRATEGY AND PERFORMANCE.*

